

CERTIFICATE OF PARTICIPATION

This is to certify that

Jim Lamola

Has successfully participated & completed the
48km SA Run 4 Cancer Ultra Marathon 2019
held at Polokwane Rugby Fields.

TIME 05:28:45

PACE 06:49/km

**GENDER 204 of
366**

OVERALL 225 of 421

40+ 59 of 111

26 October 2019, Sat

Date



BoutTime

Signature

